


St Saviour's College - MENU

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CONTINENTAL BREAKFAST	Choice of Cereals & Porridge served with Full Cream/Skim/Soy Milk, Wholemeal or White Toast/Bread Accompaniments. Choice of Beverages: Tea, Coffee, Fruit Juice & Water						
BREAKFAST			Pancakes with Syrup & Hash Browns				Sunday Brunch
BREAK 1	Bangers & Mash with Onion Gravy & Side Salad	Chicken Caesar Wraps	Pasta Bolognese with Cheesy Topping	Chicken, Bacon & Cheese Burger	Ham, Cheese & Tomato Toasties		
BREAK 2	Iced Sponge Cake	Homestyle Sausage Rolls with Sauce	Choc Chip Muffins	Zucchini & Bacon Slice	Cupcakes w/- Cream Cheese Frosting	Build your own Burger	
AFTERNOON TEA	Tomato, Feta & Basil Quiche	Seasonal Fruit/Yogurt	Savoury Crackers with Cheese & Tomato	Home style Noodle Box	Seasonal Fruit/Yogurt	Cheerios with Sauce	Chef's Selection
DINNER	BBQ Lamb Chops & Minted Gravy	Pork Spare Ribs with Honey Soy Glaze	Golden Crumbed Chicken Schnitzel	Steaks with Green Peppercorn Sauce	Chicken Stroganoff with Paprika & Sour Cream	Italian Herbed Meatballs in a Tomato Sauce	Baked Pork Shoulder with Apple Sauce
VEGETABLES	Sauteed Potato	Savoury Rice Pilaf	Crisp Roast Potatoes	Sweet Potato Bake	Choice of Salads	Mashed Potato	Roast Potato
VEGETABLES	Corn	Carrots	Pumpkin	Medley of Vegetables	Steamed Rice	Vegetable Bake	Roast Pumpkin
VEGETABLES	Peas	Broccoli	Beans	Bread Rolls	Garlic Bread	Bread Rolls	Peas
VEGETARIAN OPTION	Pumpkin Ravioli	Spinach & Cheese Filo	Tomato Risotto	Vegetable Quiche	Broccoli & Corn Fritters W/- Tomato Salsa	Mexican Bean Tacos	Vegetable Pizza
DESSERT	Chocolate Mousse & Cream	Banana & Custard	Jelly & Ice Cream	Sticky Date Pudding with Butterscotch Sauce	Ice Blocks	Fruit Salad & Cream	Waffles & Ice Cream
SUPPER	Homemade Soup & Rolls	Breads & Spreads	Assorted Cookies	Soup with Crusty Bread Roll	Breads & Spreads	Fresh Sliced Fruit & Yoghurt	Crackers, Cheese & Tomato



 **CATER CARE**

St Saviour's College - MENU

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CONTINENTAL BREAKFAST	Choice of Cereals & Porridge served with Full Cream/Skim/Soy Milk, Wholemeal or White Toast/Bread Accompaniments. Choice of Beverages: Tea, Coffee, Fruit Juice & Water						
BREAKFAST			Bacon, Eggs & Baked Beans				Sunday Brunch
BREAK 1	Build a Burger on Turkish Bread	Pasta Bolognese with Cheese & Sour Cream	Hot Roast Rolls with Gravy	Warm Chicken Satay Noodle Boxes	Traditional Beef & Vegetable Pasties		
BREAK 2	Sauteed Chicken Wings & Steamed Rice	Brownie Slice	Asian Spring Rolls & Rice Salad	Bacon, Lettuce & Tomato Sliders	Butterfly Cakes	American Hot Dogs with Salad & Cheese	
AFTERNOON TEA	Chocolate Chip Scones	Fresh Assorted Fruit	Crackers, Dips & Cheese	Apple & Cinnamon Muffins	Fresh Assorted Seasonal Fruit	Crackers, Dips & Cheese	Mini Sausage Rolls & Sauce
DINNER	Lemon Chicken & Fried Rice	Grilled Pork Loin Chops with Apple Sauce	Roast Beef with Pan Gravy	Homemade Veal Schnitzel with a Herb Crust	Grilled Perch with Lemon Butter	Chicken Tikka Masala With Coconut Rice	Traditional Corned Silverside with Parsley Sauce
VEGETABLES	Caesar Salad	Mashed Potato	Roast Potato	Creamy Potatoes	Chef's salads	Steamed Sweet Potato	Mashed Potato
VEGETABLES	Garlic Bread	Sauteed Carrots	Roast Pumpkin	Buttered Corn	Homestyle Wedges	Vegetable Melange	Roast Pumpkin
VEGETABLES	Homestyle Cut Sweet Potato Wedges	Steamed Baby Beans	Minted Peas	Steamed Zucchini	Garlic Bread	Naan bread	Peas & Braised Cabbage
VEGETARIAN OPTION	Cheese & Tomato Melts	Vegetable Pizza	Corn & Zucchini Mini Quiche	Pumpkin & Chickpea Curry	Eggplant Parmigiana	Vegetarian Lasagne	Cheese Tortellini with Napolitana Sauce
DESSERT	Crepes with Chocolate Custard	Tiramisu Cake with Custard	Chocolate Cheesecake	Peaches, Pears & Ice Cream	Ice Cream Cones & Topping	Paddle Pops	Caramel Mousse with Cream
SUPPER	Fresh Sliced Fruit & Yoghurt	Breads & Spreads	Assorted Cookies	Soup with Crusty Bread Roll	Breads & Spreads	Fresh Sliced Fruit & Yoghurt	Crackers, Cheese & Tomato



 **CATER CARE**

St Saviour's College - MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CONTINENTAL BREAKFAST	Choice of Cereals & Porridge served with Full Cream/Skim/Soy Milk, Wholemeal or White Toast/Bread Accompaniments. Choice of Beverages: Tea, Coffee, Fruit Juice & Water						
BREAKFAST			Egg & Bacon Muffins with Hash Browns				Sunday Brunch
BREAK 1	Spicy Shredded Chicken Enchilada	Bangers with Sweet Mash, Gravy & Cous Cous Salad	Tex Mex Nachos & Sour Cream	Roast Chicken & Gravy Rolls	Homemade Hot Pot Pie with Mash & Gravy		
BREAK 2	Homestyle Noodle Box	Chocolate Brownie Slice	Ham & Cheese Quiche	Anzac Slice	Vanilla Iced Sponge Cake	Make your own Toasted Sandwiches	
AFTERNOON TEA	Homemade Beef & Vegetable Empanadas	Crackers, Dips & Cheese	Assorted Muffins	Scones with Jam & Cream	Fresh Fruit/Yoghurt	Cheese & Tomato Salada	Party Vegetable Quiches
DINNER	Traditional Spaghetti Bolognese	Grilled Pork Loin Chops with Apple Sauce	Roast Chicken & Pan Gravy	Stockman's Curried Beef	Assorted Homemade Pizza	Chicken A La King with Savoury Rice	Roast Lamb with Minted Gravy
VEGETABLES	Honey Glazed Carrots	Creamy Potato Bake	Roast Sweet Potato	Steamed Jasmine Rice	Steamed Rice	Potato Wedges	Roasted Chat Potatoes
VEGETABLES	Zucchini	Corn	Roast Pumpkin	Vegetable Melange	Oven Baked Chips	Greek Salad	Roast Pumpkin
VEGETABLES	Garlic Bread	Peas	Broccoli	Naan Bread	Steamed Asian Vegetables	Garlic Bread	Broccoli
VEGETARIAN OPTION	Zucchini & Olive Pasta	Vegetable Quiche	Spinach & Cheese Filo	Tofu Stir Fry	Vegetable Samosa	Tomato & Lentil Pasta	Stir Fry Vegetables & Hokkien Noodles
DESSERT	Buttermilk Pancakes with Butterscotch Sauce	Berry Cheesecake & Cream	Apple Pie & Ice Cream	Chocolate Mousse & Cream	Assorted Paddle Pops	Jelly & Ice Cream	Chocolate Cake & Custard
SUPPER	Fresh Sliced Fruit & Yoghurt	Breads & Spreads	Assorted Cookies	Soup with Crusty Bread Roll	Breads & Spreads	Fresh Sliced Fruit & Yoghurt	Crackers, Cheese & Tomato



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WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CONTINENTAL BREAKFAST	Choice of Cereals & Porridge served with Full Cream/Skim/Soy Milk, Wholemeal or White Toast/Bread Accompaniments. Choice of Beverages: Tea, Coffee, Fruit Juice & Water						
BREAKFAST			Bacon, Fried Eggs & Baked Beans				Sunday Brunch
BREAK 1	Baked Spuds with Bolognese & Sour Cream	Thai Beef & Salad Wrap	Hot Dogs with Lettuce, Tomato & Cheese	Satay Chicken & Steamed Rice	Caesar Wraps		
BREAK 2	Warm Banana Bread with Fruit	Hawaiian Melts	Assorted Quiches	Apple Tea Cake	Blueberry Muffin	Make your own Chicken Caesar Burger	
AFTERNOON TEA	Savoury Scones	Frozen Yoghurt Tub with Fruit	Hedgehog Slice	Jatz with Cheese & Tomato	Fresh Fruit & Yoghurt	Iced Lemon Sponge Cake	Mini Sausage Rolls
DINNER	Grilled Chicken Breast in Butter Sauce	Stockman's Lamb Curry	Roast Pork with Crackling & Pan Gravy	Chicken Schnitzels with Gravy	Crumbed Fish Fillets	Beef Bolognese with Herbed Spaghetti	Roast Chicken & Gravy
VEGETABLES	Savoury Rice	Sauteed Potato	Roast Sweet Potato	Garlic Cream Potato	Choice of Salads	Seasoned Wedges with Sour Cream	Roast Potato
VEGETABLES	Corn	Carrots	Roast Pumpkin	Caesar Salad	Oven Baked Chips	Traditional Garlic Bread	Roast Pumpkin
VEGETABLES	Zucchini	Beans	Peas	Herb Bread	Steamed Jasmine Rice	Greek Salad	Zucchini
VEGETARIAN OPTION	Vegetable Pizza	Quiche	Pumpkin Gnocchi	Spinach & Cheese Rolls	Vegetable Pasta Bake	Vegetable Patties	Tomato & Basil Ravioli
DESSERT	Warm Cinnamon Cake with Custard	Ice Cream with Warm Berry Sauce	Fruit Salad & Custard	Chocolate Pudding with Cream	Lemon Cheesecake	Ice Cream & Wafers	Steamed Apple Pudding & Custard
SUPPER	Fresh Sliced Fruit & Yoghurt	Breads & Spreads	Dark Chocolate Muffins	Soup with Crusty Roll	Breads & Spreads	Fresh Sliced Fruit & Yoghurt	Crackers, Cheese & Tomato



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